

Local Wellness Policy: Triennial Assessment Summary

Results, Progress and Goals

1. General Information

School(s) included in assessment: North Pemiscot School
Dist. K-12

Month and year of current assessment: 9 - 2026

Date of last LWP revision: unknown

Website address for LWP and/or details on how public can access a copy: School website
https://www.northpem.k12.mo.us + Superintendent's Office

2. Wellness Committee Information

How many times per year does your Wellness Committee meet? 4 x per year

POLICY LEADERSHIP: Designated School Wellness Leader

Name	Job Title	Email Address
<u>Tina Roberts</u>	<u>School Nurse</u>	<u>troberts@northpem.k12.mo.us</u>

PUBLIC INVOLVEMENT: School Wellness Committee Members

*A diverse group of stakeholders should be invited including Administrators, Classroom Teachers, PE Teachers, SFA Reps, School Nurses, Community Members, Parents, Students, Medical/Healthcare Professionals

Name	Title	Email address	Role
<u>Tina Roberts</u>	<u>School Nurse</u>	<u>troberts@northpem.k12.mo.us</u>	<u>Coordinator</u>
<u>Laura Pavy</u>	<u>Superintendent</u>	<u>lpavy@northpem.k12.mo.us</u>	<u>Member</u>
<u>Emily Ward</u>	<u>Family and Consumer Science Teacher</u>	<u>eward@northpem.k12.mo.us</u>	<u>Member</u>
<u>Kelly Patterson</u>	<u>Authorized Representative</u>	<u>kpatterson@northpem.k12.mo.us</u>	<u>Co-coordinator</u>
<u>Cassidy Buchanan</u>	<u>Parent/Board Member</u>		<u>Member</u>
<u>Lisa Hampton</u>	<u>Food Service Manager</u>		<u>Member</u>
<u>Students</u>	<u>STUCO Representatives</u>	<u>Emma Wagley, Callie Luye</u>	<u>Members</u>

3. COMPARE LEA's Local Wellness Policy to Model Local Wellness Policy

- Complete the Rudd Center WellSAT3.0 Assessment Tool - <https://www.wellsat.org/>;
OR Alliance for a Healthier Generation District Level Thriving School Integrated Assessment (TSIA) - <https://www.healthiergeneration.org/take-action/get-help/how-to-complete-an-assessment#districts>
OR similar assessment tool: (WellSAT used)

*Refer to language in your current local wellness policy to assist in determining preferred assessment tools for your district

Total Strength 56

Assessment Tool Scores: Total Comprehensiveness 98

Keep a copy of the results on file for at least three full school years plus the current year.

Indicate model policy language used for comparison:

- ☒ Missouri School Boards' Association
- ☐ Missouri Consultants for Education
- ☐ Alliance for a Healthier Generation
- ☐ Other: _____

Describe how your wellness policy compares to model wellness policies:

Policy should be updated - we have some
areas scored as 1.

Areas will be addressed at next
wellness meeting. And plan
implemented to correct/improve
these areas.

4. ASSESS School Compliance with LWP and Progress Towards Goals

- Complete the CDC's School Health Index (SHI) - <https://www.cdc.gov/healthyschools/shi/index.htm>;
OR Alliance for a Healthier Generation School Level Thriving Schools Integrated Assessment (TSIA) - <https://www.healthiergeneration.org/take-action/get-help/how-to-complete-an-assessment#schools>;
OR CDC's Wellness Policy in Action Tool (WPAT) - <https://www.cdc.gov/healthyschools/wpat/index.htm>
OR similar assessment tool: CDC Wellness Policy in Action Tool

**Refer to language in your current local wellness policy to assist in determining preferred assessment tools for your district*

Assessment Tool Scores: 69%

Keep a copy of the results on file for at least three full school years plus the current year.

Using the tables below:

First, indicate language that is currently written in district local wellness policy in relation to each topic listed.

Next, assess and discuss whether the district is meeting the goal, partially meeting the goal, or not meeting the goal.

Finally, indicate the progress made for each goal and next steps that have been identified.

Nutrition Guidelines for All Foods & Beverages for Sale at School (School Meals, Smart Snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
		X		next wellness mtg

Guidelines for Other Foods and Beverages Available at School, but Not Sold (celebration snacks, etc.)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
		X		1.

Marketing and Advertising of Only Food and Beverages that Meet Smart Snack Guidelines	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
		X		1.

Nutrition Education & Nutrition Promotion Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
		X		11

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
		X		11

Other School-based Strategies for Wellness Goal(s) (staff wellness, community partnership, family engagement, etc.)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe Progress and Next Steps
		X		11

- Include additional notes, if needed:

Wellness policy will be discussed at
next mtg and areas of
improvement plan will be developed.

5. SHARE Triennial Assessment Results with the Public

- **UPDATE/INFORM THE PUBLIC:** WellSAT 3.0 results, SHI results, or similar evaluation tool results, and Triennial Assessment Summary, or similar document which includes summary of goals and progress, should be posted publicly.
- Where to share publicly? school newsletter, social media, school website, school board meeting, district wellness committee meeting, open house events, etc.

This institution is an equal opportunity provider.

will share on
School website, School Board mtg &
wellness comm. mtg